

<b>Thinking Strengths</b>
<p><b>Analytical Thinking</b> <i>Using logic, objectivity and critical thinking.</i></p> <p><b>Common sense</b> <i>Taking a practical down to earth approach to thinking through challenges.</i></p> <p><b>Creativity</b> <i>Coming up with new and innovative ideas.</i></p> <p><b>Curiosity</b> <i>Interested to seek out new ideas, ways of thinking and facts.</i></p> <p><b>Detail Focus</b> <i>Focusing on the specific facts and details in a situation.</i></p> <p><b>Reflection</b> <i>Thinking things through in depth on one's own.</i></p> <p><b>Strategic Thinking</b> <i>Focusing on the longer term, bigger picture view; seeing patterns and themes across current and future challenges.</i></p>
<b>Emotional Strengths</b>
<p><b>Courage</b> <i>Taking on difficult and challenging situations.</i></p> <p><b>Drive</b> <i>The motivation to push forward with challenges and goals.</i></p> <p><b>Emotional awareness</b> <i>Being aware in the now of one's own and other's emotions.</i></p> <p><b>Emotional balance</b> <i>Remaining calm in varied circumstances.</i></p> <p><b>Enthusiasm</b> <i>Having energy and passion.</i></p> <p><b>Optimism</b> <i>Seeing the best possibilities in any situation.</i></p> <p><b>Persistence</b> <i>Sticking at it regardless of the challenges.</i></p> <p><b>Resilience</b> <i>Handling continuous pressure in one's stride and bouncing back positively.</i></p> <p><b>Self-confidence</b> <i>A strong belief in oneself and one's ability.</i></p>
<b>Communicating &amp; Influencing Strengths</b>
<p><b>Collaboration</b> <i>Working well with others in joint endeavours.</i></p> <p><b>Communicator</b> <i>Communicating ideas effectively to others face to face.</i></p> <p><b>Developer</b> <i>Developing others well.</i></p> <p><b>Empathy</b> <i>Recognising and appreciating the emotions of others.</i></p> <p><b>Fairness</b> <i>Treating every individual fairly.</i></p> <p><b>Harmony</b> <i>Creating harmony and positive feelings in others.</i></p> <p><b>Humour</b> <i>Generating humour and fun in a way that enables effective interactions.</i></p> <p><b>Inclusion</b> <i>Including others appropriately in a situation.</i></p> <p><b>Leader</b> <i>Stepping into a leadership role in situations.</i></p> <p><b>Listener</b> <i>Hearing the ideas, views and emotions of others in a way that ensures they feel listened to.</i></p> <p><b>Motivator</b> <i>Energising others towards a goal.</i></p> <p><b>Persuasiveness</b> <i>Convincing others towards a particular idea or way of seeing things.</i></p> <p><b>Relationship Builder</b> <i>Building new relationships.</i></p> <p><b>Writer</b> <i>Writing in a way that effectively communicates a message.</i></p>
<b>Action &amp; Execution Strengths</b>
<p><b>Adaptability</b> <i>Changing plans quickly when needed to achieve results.</i></p> <p><b>Decisiveness</b> <i>Taking decisions in a timely manner, when needed.</i></p> <p><b>Efficiency</b> <i>Getting things done in the time frame.</i></p> <p><b>Initiative</b> <i>Stepping up and getting on with what is needed.</i></p> <p><b>Organiser</b> <i>Organising practicalities in complex situations.</i></p> <p><b>Planner</b> <i>Creating workable plans to achieve the desired results.</i></p> <p><b>Problem Solver</b> <i>Solving problems that stand in the way of the desired results.</i></p> <p><b>Results Focus</b> <i>Maintaining focus on the result required and staying headed in that direction.</i></p> <p><b>Self-improvement</b> <i>Improving one's knowledge, skills and ways of thinking to improve results.</i></p>