

The top 10 features of strengths-focused meetings



From our experience of great meetings, here are ten ways to bring a strengths focus to your meetings:

1. Start on a positive
2. Celebrate and explore successes
3. Always have an outcome focus
4. Focus on solution (as opposed to problem)
5. Get from solution to action
6. Get a good balance. (Between appreciation versus criticism, between asking others for ideas versus telling them yours, and between an inward focus within the team versus an outward focus beyond the team).
7. Listen fully (without interruption)
8. Take turns
9. End on a positive note and acknowledge contributions
10. Evaluate

Each of these is described in detail in the book.